



2023

Summary Projects



Ananda Sangha For Self Realization

Ananda Sangha for Self Realization aps is part of the third sector organizations, and is regularly registered with RUNTS (the national associations' register). It is an expanding movement, which has grown exponentially in recent years, providing a point of reference for spiritual practices and satsangs, together with an ever-expanding and eventful social environment.

Sangha aims to represent the heart of the work of Self-Realization as taught by Paramhansa Yogananda and his direct disciple Swami Kriyananda.

We finance our projects solely from donations that come in through the generosity of this great spiritual family.

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Our mission is:

- To share and spread throughout Europe the teachings of Paramhansa Yogananda and his direct disciple, Swami Kriyananda;
- To support Ananda meditation groups throughout Europe;
- To give individual support to spiritual seekers who identify, partially or completely, with these teachings, through individual counselling meetings;
- To make the teachings of Self-Realization accessible to as many people as possible.



Our upcoming projects:

In this document we would like present the projects to be developed in the coming months. Each project listed is developed together with our loyal supporters. We thank you from the bottom of our hearts, because our service, without your support, would be difficult to realize. Our projects, indeed, require a considerable input of resources, teachers and professionals, without whom our service in support of meditation groups and spiritual seekers would not be possible.

We hope you will continue to support us this year as well!

SELF- REALIZATIONS PROJECTS

PROJECT GOAL 2023-2024:

- Our goal is to offer the teachings of Self-Realization, according to the teachings of Paramhansa Yogananda and his disciple Swami Kriyananda, to an ever-widening number of people ready for spiritual growth;
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- And to offer ongoing support to meditation groups and spiritual seekers in Europe who follow the path of Self Realization.

Modalities for development:

- Online meetings with meditation and study groups;
- The organization, in collaboration with the groups, of conference tours and courses in Italy and Europe with logistical travel on site;
- Designing and implementing preparation courses, in presence and online, to receive initiation into KRIYA YOGA with qualified teachers from the Sangha, through dedicated and simultaneously translated web platforms;
- Organizing initiation ceremonies at the various levels of Kriya Yoga, both in presence and online, through dedicated and simultaneously translated web platforms;
- Creating video content, blogs and podcasts for the it.anandaeurope.org website, translated into various European languages;
- Producing publications on Kriya Yoga, both in print and also in the dedicated section of the website;
- Offering individual counselling sessions for all spiritual seekers;
- Giving support to the publishing house YOGANANDA EDIZIONI to distribute the books by Paramhansa Yogananda, Swami Kriyananda, and other authors.

PROJECT TIMELINES:

- by January 5, 2024 (Paramhansa Yogananda's birthday)

Budget

DESCRIPTION	TPOLOGY	COMMIT MENT	TOTAL
Online and in presence Satsang	TEACHERS	5000 €	10.000€
	TECHNICIANS / GRAPHICS	2500 €	
	MANAGEMENT/ADMINI STRATIVE COSTS	2500 €	
Online meetings with meditation and study groups	TEACHERS	5000 €	10.000€
	TECHNICIANS / GRAPHICS	2500 €	
	MANAGEMENT/ADMINI STRATIVE COSTS	2500 €	
conference tours and courses in Italy and Europe	TEACHERS	10000 €	30.000€
	TECHNICIANS / GRAPHICS	15000 €	
	MANAGEMENT/ADMINI STRATIVE COSTS	5000 €	

Budget

DESCRIPTION	TPOLOGY	COMMIT MENT	TOTAL
Preparation courses, in presence and online, to receive initiation into KRIYA YOGA with qualified teachers from the Sangha, through dedicated and simultaneously translated web platforms	TEACHERS AND KRIYACHARYA	15000 €	20.000€
	TECHNICIANS / GRAPHICS	2500 €	
	MANAGEMENT/ADMINISTRATIVE COSTS	2500 €	
Initiation ceremonies at the various levels of Kriya Yoga, both in presence and online, through dedicated and simultaneously translated web platforms;	TEACHERS AND KRIYACHARYA	15000 €	20.000€
	TECHNICIANS / GRAPHICS	2500 €	
	MANAGEMENT/ADMINISTRATIVE COSTS	2500 €	
Individual counselling sessions for all spiritual seekers	TEACHERS AND COUNSELOR	7000 €	10.000€
	TECHNICIANS	1500 €	
	MANAGEMENT/ADMINISTRATIVE COSTS	1500 €	

Budget

DESCRIPTION	TPOLOGY	COMMIT MENT	TOTAL
Creating video content, blogs and podcasts for the it.anandaeurope.org website, translated into various European languages;	TEACHERS	10000 €	25.000€
	TECHNICIANS / GRAPHICS	10000 €	
	MANAGEMENT/ADMINISTRATIVE COSTS	5000 €	
Producing publications on Kriya Yoga, both in print and also in the dedicated section of the website;	EDITOR AND TEACHERS	5000 €	9.000€
	TECHNICIANS / GRAPHICS	3000 €	
	MANAGEMENT/ADMINISTRATIVE COSTS	1000 €	
Setting up administrative, accounting and creative management to support and develop the whole project	TEACHERS	2500 €	20.000€
	TECHNICIANS / GRAPHICS	2500 €	
	MANAGEMENT/ADMINISTRATIVE COSTS	15.000 €	

Budget complessivo 2023

DESCRIPTION	TPOLOGY	COMMIT MENT	TOTAL
Giving support to the publishing house YOGANANDA EDIZIONI to distribute the books by Paramhansa Yogananda, Swami Kriyananda, and other authors.	TEACHERS	2000 €	5.000€
	TECHNICIANS / GRAPHICS	2000 €	
	MANAGEMENT/ADMINISTRATIVE COSTS	1000 €	
TOTAL			159.000 €



Thank you

The teachings of Self-Realization and Kriya yoga provide the world with the missing link between science and religion: the experiment of the scientist, for the Kriya Yogi, becomes a consciential and evolutionary experience - direct and individual.

Paramhansa Yogananda and his direct disciple Swami Kriyananda give us an inexhaustible literary repertoire of inspirations and instructions that bear the unmistakable mark of their accomplishment as Master and disciple.

Our task at Ananda Assisi has always been to study and put these teachings into practice, so that we can then share them with others. This life-long dedication has given rise to teachers and ministers within our community who stand out for their maturity and professionalism, at all levels, eager to put themselves at the service of the common good.

We are always ready to carry out a mission that will contribute, in a subtle and substantial way, to the spiritual regeneration of Europe.

And we thank you, always, for your support.

In friendship,

Ananda Sangha Europa